

# Highland Happenings

## Getting to know the Notch

March 2024

### Evening Programs 7:30 PM

#### **Saturday March 16 Mountains of Stars**

Dr Doug Arion will give a presentation on the intricate and fascinating connections between life on Earth and the history and phenomena of the Universe around us with a tour through the stars.

#### **Friday March 22 From Majestic Moose to the Tiny Shrew**

Naturalist Will Holton introduces the mammals native to this area and how different species rely on a delicate balance of ecological factors for their survival. Learn why Beavers build dams or why Moose don't like the heat.

#### **Saturday March 23 Glaciers Shaped These Mountains**

The powers of ice and water are evident from Crawford Notch to boulder strewn brooks throughout the White Mountains. Glaciers have played a part in shaping this landscape and naturalist Will Holton describes the processes and shows examples of the results.

### Self Guided Opportunities

AVAILABLE AT THE FRONT DESK

**Junior Naturalist Activity Books-**  
Designed for children between the ages 5-12 to learn about exploring the backcountry and how to protect it.

**Nature of the Notch** — A self-guided tour exploring the glacial landscape and local inhabitants of Crawford Notch.

**Astronomy** — Take a walk through the winter constellations and the dark sky features of Crawford Notch with this short guide and easy instructions on how to find the big dipper and beyond.

### Celestial Events

**March 20 – Vernal Equinox** Signaling the first day of spring with equal amounts of day and night.

**March 25- Full Sap Moon.** Native Americans recognized that this was the time of year when sap from maple trees would begin flow.

Highland Happenings are sponsored in part by L.L.Bean  
and the William T. Morris Foundation